

BILLINGS OVULATION METHOD® TEACHER TRAINING COURSE

Attendance at this Teacher Training Course will enable the participants to give information on the Billings Ovulation Method® to women and couples who wish to conceive as well as those wishing to use a natural method to avoid pregnancy. Recognition of the signs of fertility and infertility allows a woman to monitor her reproductive health. The woman who knows her own mucus patterns will be alerted early to any abnormality which requires medical management.

Once learned the Billings Ovulation Method® can be applied to all variations throughout a woman's reproductive life:

- regular cycles
- irregular cycles
- anovular bleeding
- effects of stress
- after childbirth or miscarriage
- while breastfeeding



REGISTER EARLY

Predisposing and Reinforcing Activities are required for completion of RP and EA Hours

"This is knowledge of her body that every woman ought to have."

DR EVELYN BILLINGS AM
DCSG, MBBS (MELB), DCH (LOND)

REGISTER TODAY!

Call: **1800 335 860** for further information

Post your completed registration form with payment to:

2A/303 Burwood Highway
East Burwood, VIC 3151

Or email payment with completed registration form to:

jennykelly@thebillingsovulationmethod.org



Billings LIFE

2A/303 Burwood Hwy, East Burwood, VIC 3151

Free call 1800 335 860

www.billings.life

enquiries@thebillingsovulationmethod.org

#billingsovulationmethod

 BillingsOvulationMethod

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Billings LIFE is a fully registered health promotion charity and all donations over \$2 are tax deductible.

The Ovulation Method Research and Reference Centre of Australia Ltd ABN 57 067 377 959 (inc in Vic).

BILLINGS OVULATION METHOD®: TEACHER TRAINING COURSE



RACGP CPD ACTIVITY FOR WOMEN'S HEALTH

2 day Obstetric Grant

Educational Activities	Measuring Outcomes	Reviewing Performance
6.5 hours	00 hours	8.0 hours

RACGP CPD Approved Activity



OVERVIEW

Role of the Cervix and Hormones in Fertility

- **Charting normal cycles:**
 - ◊ Identifying fertility and infertility
- **Thinking in Patterns:**
 - ◊ Basic Infertile Pattern – an unchanging pattern
 - ◊ Fertile Phase – a changing pattern
- **Charting** long or irregular cycles
- **Understanding bleeding:**
 - ◊ Menstruation,
 - ◊ Withdrawal
 - ◊ Breakthrough
 - ◊ Implantation
- **Management, charting and discussion on:**
 - ◊ Perimenopause – diminishing fertility
 - ◊ Breastfeeding – returning fertility
 - ◊ Stress cycle – interrupted fertility
 - ◊ Post Chemical Contraceptives – damaged fertility
- **Achieving Pregnancy:**
 - ◊ Charting and Recognition of optimal fertility
 - ◊ Symptoms Guidelines for Achieving Pregnancy
- **Diagnostic benefits** of the Billings Ovulation Method®



DETAILS

- Date:** Saturday 24 August & Sunday 25 August 2024
- Venue:** Vibe Hotel Darwin Waterfront
7 Kitchener Drive
Darwin City NT 0800 Australia
- Time:** 9:00am – 4.30pm (Lunch provided)
- Cost:** Health Professionals \$500
Student rates apply – please contact us
Advertised costs including catering & course materials

PRESENTERS

Senior Billings Ovulation Method® trainers will facilitate the program.

These educators have extensive experience in the teaching and training of health professionals both within Australia and overseas.

These educators will bring first-hand knowledge of their vast clinical experience to the course so that the practical application of the use of the Billings Ovulation Method® will be demonstrated.

BENEFITS

Attendance at 2 days of Teacher Training Course (14.5 CPD hours total) will give participants sufficient knowledge to give women an overview of the Billings Ovulation Method® of natural fertility regulation so that they can begin to chart their fertility symptoms following the guidelines of the Billings Ovulation Method®.

REGISTRATION

24 & 25 August – Vibe Hotel Darwin

Title: _____ Surname: _____

First Name: _____

Address: _____

Suburb: _____ Postcode: _____

Phone: _____ Fax: _____

Email: _____

Please tick

- GP Obstetric Grant
- RACGP QI&CPD No: _____
- ACRRM No: _____
- Ob/Gyn Midwife
- Registered Nurse Naturopath

Other: _____

Special Dietary Requirements:

Payment Options

If you wish to pay via EFT please phone 1800 335 860

If you wish to pay by Pay Pal, payee: manager@thebillingsovulationmethod.org

Please debit my credit card \$500

Visa / Mastercard (Only)

Expiry Date: ___ / ___

Cardholder's Name: _____